# FOREIGN SERVICE ASSIGNMENT NOTEBOOK: WHAT DO I DO NOW?

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#### **PREFACE**

The *Foreign Service Assignment Notebook* offers an overview of regulatory and personal logistical preparations for an official overseas move. It is intended to guide U.S. Government and foreign affairs agency employees and their family members through what might otherwise be a long and confusing process.

With a thorough preparation checklist, the *Notebook* begins with breaking down initial steps that need to be taken for a move abroad under the auspices of the U.S. Government. It then offers information on a diversity of topics ranging from family member employment overseas to insurance to traveling with pets. Its sections address issues to be taken care of prior to departure to post and while at post. Furthermore, the *Notebook* explains the organization of a United States diplomatic mission and provides lists of helpful resources.

To add to the practical advice offered by the *Notebook*, refer to the *Foreign Affairs Manual* (FAM) or the *Department of State Standardized Regulations* (DSSR) (Government Civilians, Foreign Areas) for definitive answers.

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This publication will be updated periodically. The information provided in the *Foreign Service Assignment Notebook* is intended for reference purposes only. It does not constitute an official endorsement of products or services mentioned herein.